

Yushan National Park Ecological Protected Area Hiking Plan Example

"Other Trail" refers to trails that are not fully or artificially established or planned. There's no obvious path, warning/direction sign, safety facility, accommodation; nor is the trail regularly patrolled or inspected. Visitors should make sure the hike is well-prepared, including but not limited to evaluating physical fitness, the ability to read the map, choose the trail, use gear that requires special techniques, handle the possible dangers, inform the emergency contact, and prepare back-up plans, etc. It is not suggested to attempt to pass sections that are too dangerous or difficult to pass, such as collapsing paths, falling rocks, animal attacks, etc. Safety first. Visitors also need to minimize the impact when hiking or camping. To protect the environment within the restricted area, no additional construction will be installed to meet the hiking demand.

Visitors applying for the "other trail" are required to upload a hiking plan to the website. A hiking plan can help the group have a clear picture of how to prepare for the hike, including planning the route, packing equipment, evaluating the experience and fitness level of all members, planning for retreat, emergency, and time to contact a designated person, and planning for environmental preservation.

Suggested Content (Please modify the content to suit your needs)

- **Group's Basic Information:**

Route Plan:

Available Cabin/Campground: Lele Cabin, Guangao Campground (Guangao Cabin is currently closed), Banaiyike Campground, Jhongyang Mine Cabin, Dujuyan Campground, Nan Campground, Baiyang Mine Cabin/Campground, Dashueiku Cabin, Tuomasih Campground, Dafen Cabin, Baoyat Cabin/Campground, Walami Cabin/Campground. It is forbidden to pitch a tent anywhere else.

D1	mm/dd	Dongpu Trailhead – Lele Cabin - Guangao Campground
D2	mm/dd	Guangao Campground - Jhongyang Mine Cabin - Dujuyan Campground - Nan Campground - Dashueiku Cabin
D3	mm/dd	Dashueiku Cabin - Tuomasih Campground
D4	mm/dd	Tuomasih Campground - Dafen Cabin
D5	mm/dd	Dafen Cabin - Baoyat Cabin /Campground
D6	mm/dd	Baoyat Cabin/Campground - Walami Cabin/Campground – Nanan Trailhead
		(Please fill out the actual route plan)

Personal Information (blood type, medical history): (Please provide the related information)

- **Gear:**

Please pack all necessary personal and group gear, equipment required for passing through certain types of paths or hiking in the snow (such as crampon, ice axes, and helmets). For reference, please check our official website [Hiking Routes > Mountain-climbing general information > Mountain climbing safety instructions > Mountain-climbing equipment](#)

- **Experience and Physical Condition Evaluation:**

Name	Briefly state members' hiking experience and physical condition
OOOOO	Completed South Sec. 2 of Central Mountains Trail, physically fit
	(Add all members)

- **Retreat Plan**

Move to the nearest trailhead when encountering danger, member(s) getting ill or injured, bad weather or other difficulties.

- **Risk Management and Emergency Plan:**

1. Fully understand the trail conditions and climate, and hold a meeting regarding hiking safety. Often, there are often collapsing or obscure paths, cliffs or other risky paths that are difficult to pass through during a long-distance hike. Make sure to collect the latest trail conditions before the hike and carefully evaluate all possible risks for this hike. All members need to be responsible for their and the group's safety and need to be well-prepared in advance, such as fitness and skills training, ability to choose the trail and handle the emergency, comprehensive emergency coordination and support plan, etc.
2. All members, with their personal and group gear, are capable of completing this hike. All members are fully prepared and purchased related insurance.
3. Check the forecast and latest trail conditions. If there is heavy rain, typhoons or other adverse weather conditions, please avoid hiking during this period.
4. All members have to inform their family member (or emergency contact/designated person) of the detailed hiking plan, possible risks, and emergency contact plan. It is especially important for visitors taking a long-distance hike to let the emergency contact or designated person know the location and the time you will contact them in order to facilitate the rescue operation in case of an accident.
5. Do what you are capable of during a hike. Do not attempt to take paths that are too dangerous or difficult for you. Safety first. Hikers may experience high altitude sickness, hypothermia, and encounter accidents such as falling or getting lost. Thus, each member needs to pay attention to other members, trail conditions and weather. Try not to leave a member behind to prevent possible accident. Also, minimize the impact to the natural environment when you are hiking or camping.

- **Environment Preservation:**

1. Follow the guidelines for entering the ecological protected area of a national park.
2. Familiar with LNT principles; reduce the impact to the environment.
3. Avoid interacting with wildlife; leave no litter or any other object.
4. Do not deviate from the trails and areas that you are allowed to go.
5. Cooperate with the park ranger for inspection and remind other members to do so too.